



St. Mark – Ocean Park Anglican Church

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E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK NOVEMBER 27, 2022

Prayer Corner November 27, 2022

The First Sunday of Advent: We light the candle of HOPE

Make us a light of HOPE to our family, friends and community.

Let HOPE arise in our hearts!

We have heard the promises of the prophets.

We know the Gospel and the love of Jesus.

We have the gift of The Holy Spirit.

Let us shake off any anxiety or discouragement that burdens us.

Let us push aside any distraction that might take our eyes off the gift of Christ.

Let us be filled with holy anticipation for the return of Christ that will usher in the full kingdom of God.

Let Christ – our HOPE of glory – be born more fully in us this Advent season.

Hope to see you at today's POTLUCK LUNCH after the 10am Service.

TODAY is the last day to submit your paper orders for Purdy's Chocolates. Order forms will be available at lunch. Please give your order to any Guild member or Isabel or Linda. You can order online for a couple more days. Thank you for your support.

We will be setting up Christmas trees and decorating the Hall on Tuesday, Dec. 6, and Wednesday, Dec 7. We need some strong arms and backs to move the trees Tues. Dec. 6. Please email Lauren MacPherson (maclauren99@gmail.com) for more details.

Creation Care Ministry's Final Metal Recycling Event Thank you to all who contributed to the final Metal Recycling Event. Together we kept 1,000+ lbs. of metal out of the landfill while earning more than \$250 towards managing the forest on the church property. Thanks to Joyce McQuarrie, Brian Brownridge & Andy Schreck for loaning us their vehicles, and also great thanks to Joyce, Leslie Ann, Mari Ann, Andy & Don Boyd for their energy and muscle work. What a team! Thank you all for pitching to Care for God's Creation.

ONE MORE WEEK UNTIL THE HOLLY BERRY FAIR!! Saturday December 3, 2022

We can accept your donations of treasure, antiques, collectibles, jewelry, crafts or baking until Wednesday, November 30th. We hope you can join us for this fun event. Information at lindaodee@hotmail.com or 604-536-7983.

Office Closed – On Monday, November 28. Re-opens at 9am on Tuesday, Nov. 29.

MEN'S CLUB XMAS DINNER Saturday, DEC 10

If anybody believes they should have received an invitation to this event and they have not received one, please contact Ken Miles at kengmiles@telus.net and he will rectify the problem if possible.

FLOWERS FOR THE ALTAR are given today by Lawrence and Lynne Hurd in gratitude for the blessings of family and friends.

THE LUNCH BASKET FOR HUNGRY CHILDREN - - is provided this week by Aliyah: "In loving memory of my grandpa Ralph, my Grandmother Elizabeth and I wish that as the winter months roll around quickly, everybody stays warm, happy and healthy. May each and everyone find time to relax, reflect, spend time with their loved ones and spread acts of kindness to all those around them. Find time and create space to accomplish personal goals as well as anything else we wish to achieve both individually and with the help of others. As the new year approaches, we must be thankful for what this year has provided and taught us. "Let all that you do be done in love." 1 Corinthians 16:14

ALSO, this week a lunch basket has been provided by Michael Weller "in gratitude for God's many blessings and in memory of my wife, Jean, and her love for children".

White Gift Sunday Each year, on the first Sunday of Advent we invite everyone to bring 'White Gifts' and drop them at the front of the church under the Christmas Tree, either before the service begins or when you come forward for communion. This year, due to the late notice, we will do this over two Sundays; this Sunday, November 27th and the following Sunday, December 4th. Please bring your gifts of toys, books, puzzles, or electronics for youth and children either this Sunday or the Sunday following. Please wrap them in white so the gift is anonymous but, if possible, a small tag regarding age appropriateness would be helpful. On December 5th they will be delivered to, or picked up by, the Salvation Army to distribute to needy families in the community

Annual Vestry Meeting – 'Are You on The Parish Role?' All those wishing to be members of the Parish of St. Mark, Ocean Park and would like to be eligible to vote at the Annual Vestry Meeting which normally takes place on the last Sunday of February must be on the parish roll by this Sunday, November 27th. The diocesan rules state that those voting must have been on the parish role for at least three months. After the Sunday services, please check your contact information with one of the Wardens. If you have moved or changed your phone or email, this is also a great time to pass that information on so your contact details may be updated. If you would like to become a member, please fill out a membership form (there are forms in the narthex).

The ACW is collecting for the Mission to Seafarers, which supports Seafarers around the world. You will find a table in the Narthex to collect items for the Mission to make into gifts for all the Seafarers in the Port of Vancouver at Christmas. The items needed are socks, with some wool content, mitts, gloves, work gloves, toques, and cowls, (scarves are not allowed on board ships due to the danger they could cause, such as strangulation), also needed are toiletries for both male and female, toothpaste is one item with a big need, toothbrush, shaving cream, nail files and so on. Also, magazines, puzzles, cards and stuffies. Thank You for helping us support this cause. For any information, please contact Kathryn by e-mail hkmasmith@shaw.ca or phone (604-560-1455/778-549-0858).

READINGS FOR SUNDAY ON DECEMBER 4 – Isaiah 11:1-10, Psalm 72:1-7, 18-19, Romans 15:4-14, Matthew 3:1-12

ANNUAL SENIOR'S CHRISTMAS LUNCHEON will be back this year. It is scheduled for Wednesday, December 14, 2022 in conjunction with the regular SAVVY SENIOR'S gathering. A 3-course hot lunch will be followed by entertainment by Kerry O'Donovan. This event is intended for our Super Seniors – approximately 80+ but we welcome anyone who would like to be a guest and we also welcome younger seniors to be part of the event team. Please contact one of us with any questions.

- Isabel Chernoff, Sue Indridson, Linda O'Donovan, Lynne Brownridge

SAVVY SENIORS Get Together with chat, and a variety of games that include cribbage, scrabble, bridge and rummicube. in the Parish Hall this **Wednesday November 30**, from 1pm-3:30pm. Contact: Sue Indridson sinder@shaw.ca 604-531-4931

ST. MARK'S YOUTH GROUP welcomes youth ages 10 to 16 Friday evenings here 7-9pm. Come for fellowship, activities and connection. St Mark's Youth Group now has an Instagram page! You can find us under "St Mark's Youth Group". We will post updates on events and activities here as well as the Church calendar and FaceBook. Please connect with Sarah via yministrysvp@gmail.com if you want to join us.

St Mark's Youth Ministry is welcoming all who are interested in the Safe Adult program. Please reach out to Sarah, via yministrysvp@gmail.com for more information.

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to nine single mothers and 17 children. Please help support these families by choosing a 2022 date (see chart below) to support these families and have a dedication in the weekly Pulse. The suggested donation of \$70 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office. email or phone Darlene W. or Barb G. with your dedication.

December 4	Irene Snow
December 11	Les & Jean Edmonds
December 18	Pat Aiken & Janet Scott

THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWER

If you would like to have flowers on the Altar, please see the chart below.

The Altar Guild is willing to purchase the flowers and have them arranged.

Please contact Kathryn Smith: 604-560-1455 or e-mail hkmasmith@shaw.ca

December 4	Charles and Isabel Powell
December 11	
December 18	

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 778.386.1973 klaverfamily@shaw.ca

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd at lynneh1@telus.net or you may phone at 604.542.2772.

St Mark's Family, Youth and Children's Time

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>

WE CONTINUE TO LIVE STREAM our Sunday Worship. To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services". If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLI0_i0FX3hJNg

How To Reach Reverend Stephen Laskey - Please use the following email address to contact Reverend Laskey: PinCStephenLaskey@outlook.com Also, you can call him at the Church Office (604.535.8841). If your call goes to voicemail, leave a message and your telephone number for Reverend Laskey. He will check voicemail messages and will return your call.